

**THE UNITED REPUBLIC OF TANZANIA
NATIONAL EXAMINATIONS COUNCIL
ADVANCED CERTIFICATE OF SECONDARY EDUCATION
EXAMINATION**

155/2

FOOD AND HUMAN NUTRITION 2

(For Both School and Private Candidates)

Time : 3 Hours

Year: 2004

Instructions

1. This paper consists of sections **A** and **B**.
2. Answer all questions in section **A** and only **two (2)** question from section **B**.
3. Non-programmable calculators may be used.
4. Communication devices and any unauthorised materials are **not** allowed in the examination room.
5. Write your **Examination Number** on every page of your answer booklet(s).

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SECTION A (60 Marks)

Answer all questions in this section

1. Explain five dietary assessment methods that can be applied in community nutritional status surveys.
2. Identify six personal hygiene practices that food handlers should observe to provide safe food.
3. Define food and nutrition policy and explain three roles of the Ministry of Trade and Industry in its implementation.
4. Mention three foods linked with staphylococcal food poisoning and explain four steps to prevent its incidence.
5. Describe briefly five items which should be included in a standard recipe.
6. Explain seven problems facing the catering industry in developing countries.

SECTION B (40 Marks)

Answer only two questions from this section

7. Analyse six practical solutions to nutrition problems in developing countries.
8. Elaborate six nutrition education approaches suitable for delivering nutrition education to people in rural communities.
9. Describe six health practices that mothers of undernourished children should adopt when provided with nutrition education.
10. Identify six important factors for successful community nutrition programmes in Tanzania.