

**THE UNITED REPUBLIC OF TANZANIA
NATIONAL EXAMINATIONS COUNCIL
ADVANCED CERTIFICATE OF SECONDARY EDUCATION
EXAMINATION**

155/2

FOOD AND HUMAN NUTRITION 2

(For Both School and Private Candidates)

Time : 3 Hours

Year: 2010

Instructions

1. This paper consists of sections **A** and **B**.
2. Answer all questions in section **A** and only **two (2)** question from section **B**.
3. Non-programmable calculators may be used.
4. Communication devices and any unauthorised materials are **not** allowed in the examination room.
5. Write your **Examination Number** on every page of your answer booklet(s).

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SECTION A (60 Marks)

Answer all questions in this section

1. Explain four reasons why personal hygiene is important in catering establishments.
2. Define immunization and differentiate between passive and active immunization, giving two examples for each.
3. Identify five challenges in implementing nutrition education programmes in rural communities.
4. Describe six characteristics of successful community nutrition programmes.
5. Mention four foods commonly associated with food poisoning and describe four measures to prevent their contamination.
6. State five benefits of using standard recipes in catering establishments.

SECTION B (40 Marks)

Answer only two questions from this section

7. Examine the role of dietary surveys in determining the nutritional status of communities, highlighting five strengths and five weaknesses.
8. Critically assess the role of government and private sector partnerships in improving food and nutrition policy in Tanzania.
9. “Food handlers are critical in preventing foodborne illnesses.” Support this statement with six arguments.
10. Discuss six approaches of nutrition education that can be used to influence food choices among youths in developing countries.