

**THE UNITED REPUBLIC OF TANZANIA
NATIONAL EXAMINATIONS COUNCIL
ADVANCED CERTIFICATE OF SECONDARY EDUCATION
EXAMINATION**

155/2

FOOD AND HUMAN NUTRITION 2

(For Both School and Private Candidates)

Time : 3 Hours

Year: 2015

Instructions

1. This paper consists of sections **A** and **B**.
2. Answer all questions in section **A** and only **two (2)** question from section **B**.
3. Non-programmable calculators may be used.
4. Communication devices and any unauthorised materials are **not** allowed in the examination room.
5. Write your **Examination Number** on every page of your answer booklet(s).

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SECTION A (60 Marks)

Answer all questions from this section

1. Describe eight features of successful nutrition intervention programmes.
2. Explain seven causes of undernutrition in under-five children using a conceptual framework.
3. Define nutrition education and discuss its three major components.
4. Give two criteria for establishing a catering service and explain challenges facing catering services in Tanzania.
5. Explain six health practices that should be addressed when educating mothers of undernourished children.
6. Identify six indicators and four control measures of Marasmus.

SECTION B (40 Marks)

Answer two questions from this section

7. Describe seven measures to promote breastfeeding and discourage infant formula in developing countries.
8. State five dietary assessment methods and how they help to determine nutritional status.
9. Analyze the role of food quality assurance systems in maintaining safe food standards.
10. Discuss six promotion techniques used in the catering industry.