

**THE UNITED REPUBLIC OF TANZANIA
NATIONAL EXAMINATION COUNCIL
DIPLOMA IN SECONDARY EDUCATION EXAMINATION**

752

HOME ECONOMICS

Time: 3 Hour.

Tuesday 06/05/2009 p.m

Instructions

1. This paper has Section A, B and C with a total of Sixteen (16) questions.
2. Answer all questions from Section A and two (2) questions from Section B and C each.
3. Section A carries forty (40) marks and Section B and C carries thirty (30) marks each.
4. Mobile phones are not allowed inside the examination room.
5. Write your Examination Number on every page of your answer booklet.

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SECTION A (40 Marks)

Answer all questions in this section.

1. Define “nutrition education” and state two objectives of nutrition education in schools.
2. List four steps in conducting a practical sewing lesson.
3. Mention four roles of Home Economics in community development.
4. Define “food security” and name two indicators of food insecurity.
5. State four advantages of using charts and diagrams as teaching aids.
6. Identify four common symptoms of protein deficiency in children.
7. List four basic principles of family budgeting.
8. State four methods of ensuring personal hygiene during food preparation.
9. Mention four cultural factors that influence child-rearing practices.
10. Give four precautions to observe when using a microwave oven.

SECTION B (30 Marks)

Answer any two questions from this section.

11. Describe six methods of food preservation suitable for small-scale rural households and explain the principle behind each method.
12. Explain six strategies for promoting healthy eating habits among adolescents in secondary schools.
13. Discuss six challenges and solutions for integrating practical Home Economics lessons into crowded classroom schedules.

SECTION C (30 Marks)

Answer any two questions from this section.

14. Explain in detail six steps in developing a Home Economics curriculum for a teacher training college.
15. Describe six factors to consider when planning a Home Economics laboratory to serve both theoretical and practical lessons.
16. Explain six ways in which Home Economics teachers can involve parents in students’ learning activities.