

**THE UNITED REPUBLIC OF TANZANIA
NATIONAL EXAMINATION COUNCIL
DIPLOMA IN SECONDARY EDUCATION EXAMINATION**

752

HOME ECONOMICS

Time: 3 Hour.

Tuesday 04/05/2010 p.m

Instructions

1. This paper has Section A, B and C with a total of Sixteen (16) questions.
2. Answer all questions from Section A and two (2) questions from Section B and C each.
3. Section A carries forty (40) marks and Section B and C carries thirty (30) marks each.
4. Mobile phones are not allowed inside the examination room.
5. Write your Examination Number on every page of your answer booklet.

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SECTION A (40 Marks)

Answer all questions in this section.

1. Define the term “family planning” and state two benefits it brings to family wellbeing.
2. List four symptoms of vitamin D deficiency.
3. Mention four considerations when selecting fabrics for school uniforms.
4. State four roles of Home Economics education in community development.
5. Give four reasons why practical assessments are important in Home Economics.
6. Identify four common methods of food preservation used in Tanzanian households.
7. List four safety rules to observe when heating oils or fats in cooking.
8. State four factors to consider when preparing a lesson plan for a practical Home Economics class.
9. Mention four signs of food adulteration.
10. Give four advantages of using projectors or multimedia in Home Economics lessons.

SECTION B (30 Marks)

Answer any two questions from this section.

11. Describe six key steps in organizing a Home Economics exhibition and explain how each step contributes to its success.
12. Explain six challenges that teachers face when teaching large Home Economics classes and suggest solutions for each challenge.
13. Discuss six nutritional guidelines for preventing lifestyle diseases in adults.

SECTION C (30 Marks)

Answer any two questions from this section.

14. Explain in detail six stages in the “scientific cooking method” and illustrate how each stage ensures food quality and safety.
15. Describe six methods of waste management in a Home Economics laboratory and explain the importance of each method.
16. Explain six factors that influence adolescent dietary habits and how Home Economics education can address them.