# THE UNITED REPUBLIC OF TANZANIA NATIONAL EXAMINATION COUNCIL OF TANZANIA FORM TWO SECONDARY EDUCATION EXAMINATION, 2007

050 HOME ECONOMICS

Time: 2:30 Hours. Year: 2007

#### **Instructions**

- 1. This paper consists of sections A, B and C.
- 2. Answer all questions.
- 3. Section A carries **40** marks, section B and section C carries 30 marks each.
- 4. Cellular phones and unauthorized materials are **not allowed** in the examination room.
- 5. Write your **Examination Number** on every page of your answer booklet(s).

FOR	EXAMINER'S	S USE ONLY
QUESTION NUMBER	SCORE	EXAMINER'S INITIIALS
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
TOTAL		
CHECKER'S INITIALS	1	

## SECTION A (15 MARKS)

### Answer all questions in this section

1	. Choose the correct answer from the given alternatives and write its letter in the box provided.
	i) Which one of the following is an example of a protective clothing used in the kitchen?
	A. Apron
	B. Socks
	C. Hat
	D. Jacket
	ii) Which nutrient is most important for repairing worn-out body tissues?
	A. Carbohydrate
	B. Protein
	C. Vitamin D
	D. Fat
	iii) Which of the following is the most suitable method of storing fresh vegetables?
	A. Leaving them on the kitchen counter
	B. Storing them in a cool, dry place
	C. Keeping them near a stove
	D. Placing them in sealed plastic bags without ventilation
	iv) Which type of stitch is used to finish raw edges of fabric to prevent fraying?
	A. Running stitch
	B. Backstitch
	C. Overcasting stitch
	D. Tacking stitch
	v) Which of the following is a benefit of boiling drinking water before use?
	A. Improves taste
	B. Destroys harmful microorganisms

	C. Adds nutrients
	D. Makes it colourful
2.	Match the items in <b>List A</b> with the correct responses in <b>List B</b> by writing the letter of the correct response
	below the corresponding item number in the table provided.
	List A:
	i) A source of Vitamin C
	ii) A method of cooking using dry heat in an oven
	iii) A natural fibre from animals
	iv) A tool for measuring small amounts of liquids
	v) A method of preserving vegetables by cooling below 0°C
	List B:
	A. Wool
	B. Roasting
	C. Measuring spoon
	D. Freezing
	E. Orange
	F. Grilling
	G. Nylon
	H. Lettuce
	I. Baking
	J. Steaming
	SECTION B (45 MARKS)
3.	Explain five reasons why it is important to have good ventilation in a kitchen.

4. Describe five safety precautions to take when using an electric iron.

- 5. Give five reasons why families should practise proper waste disposal at home.
- 6. Explain five advantages of using a pressure cooker in food preparation.
- 7. Discuss five qualities of a good seam in garment construction.
- 8. Describe five measures to take in order to prevent food poisoning in the home.

#### **SECTION C (40 MARKS)**

- 9. Discuss the importance of planning meals for a family. Give at least five points.
- 10. Explain five advantages of buying durable household equipment.