

THE UNITED REPUBLIC OF TANZANIA
THE NATIONAL EXAMINATIONAL COUNCIL OF TANZANIA
STANDARD FOUR NATIONAL ASSESSMENT
06E VOCATIONAL SKILLS, PERSONALITY DEVELOPMENT AND SPORTS

Time: 1:30 Hour

SOLUTIONS

Year: 2015

Instructions

1. This paper consists of two sections A and B with **twenty-five (25)** questions.
2. Answer all questions.

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SECTION A: VOCATIONAL SKILLS

Answer question 1–7 by choosing the correct answer and writing its letter in the box provided.

1. The two types of textures are

- A. thin and thick
- B. heavy and light
- C. small and large
- D. rough and smooth

D. rough and smooth

Texture describes how a surface feels when touched, and the basic types are rough and smooth.

2. Cleanliness and safety are the major principles of

- A. serving food
- B. cooking food
- C. eating food
- D. producing food

B. cooking food

During cooking, cleanliness and safety are essential to prevent food contamination and accidents.

3. Just after taking measurements, a dressmaker should

- A. draw the measurements on the patterns
- B. prepare the needlework table
- C. sew the pattern
- D. cut the patterns

A. draw the measurements on the patterns

Measurements must first be transferred onto patterns before cutting or sewing begins.

4. _____ improves the sound during singing.

- A. Stanza
- B. Radio
- C. Guitar
- D. Sound recorder

C. Guitar

A guitar is a musical instrument that accompanies singing and improves sound quality.

5. We dip palm leaves in water in order to

- A. clean them
- B. soften them
- C. make them long
- D. add colour

B. soften them

Palm leaves are dipped in water to make them soft and flexible for weaving.

6. Bell, horn, trumpets and whistle are instruments used in playing

- A. Bragging
- B. poems
- C. local dances
- D. dramatic poems

C. local dances

These instruments are commonly used to produce rhythm and signals during traditional local dances.

7. We wash clothes in order to

- A. remove dirt
- B. add good smell
- C. remove colour
- D. add brightness

A. remove dirt

The main purpose of washing clothes is to remove dirt and make them clean.

Answer question (8)–(12) by matching statements about vegetable types in List A with the correct concepts in List B.

8. Vegetables of fruits type

E. Tomatoes

Tomatoes are fruit vegetables because they develop from flowers and contain seeds.

9. Vegetables of roots type

G. Carrots

Carrots grow underground and are root vegetables.

10. Vegetables of leaves type

A. Spinach

Spinach is eaten mainly for its leaves.

11. Vegetables of flowers type

F. Cauliflower

Cauliflower is the flower part of the plant.

12. Vegetables of seeds type

D. Peas

Peas are seed vegetables because the seeds are eaten.

Answer question 13–15 by filling the correct answer in the space provided.

13. The advantage of keeping local chicken is to get meat and **eggs** which are sources of protein.

Eggs and meat both provide body-building nutrients.

14. Table clothes are decorated by using **embroidery** stitches.

Embroidery stitches are used for decoration on fabrics.

15. A cooking method which is used for making bread is called **baking**.

Baking uses dry heat, mainly in an oven, to prepare bread.

SECTION B: PERSONALITY DEVELOPMENT AND SPORTS

Answer question 16–22 by choosing the letter of the correct answer and writing it in the box provided.

16. People do communicate in order to

- A. provide information to others
- B. greet people orally
- C. build the spirit of working cooperatively
- D. use communication tools

A. provide information to others

The main purpose of communication is to share information, ideas, and feelings.

17. An advantage of creativity is

- A. creation of various objects
- B. to improve people's talents
- C. self-involvement in work
- D. to be able to buy materials for creativity

B. to improve people's talents

Creativity helps individuals develop and improve their talents and skills.

18. Athletics is a game which involves

- A. short and long distance races only
- B. shot putting and discus throw
- C. long and high jumps
- D. races, jumps and throws

D. races, jumps and throws

Athletics includes running, jumping, and throwing events.

19. Ways of avoiding risk behaviours include

- A. passing under electric wires
- B. wearing shoes
- C. playing on the road
- D. playing in waste pits

B. wearing shoes

Wearing shoes protects the feet and helps prevent injuries and infections.

20. An action which shows good decision making is

- A. to ask advice before making a decision
- B. to ask advice after making a decision
- C. to ask advice at the time of making a decision
- D. to follow the decision of many people

A. to ask advice before making a decision

Seeking advice beforehand helps one make informed and careful decisions.

21. An advantage of caring and protecting the body is

- A. to have many fats in the body
- B. to have mental settlement
- C. to have additional nutrients in the body
- D. to avoid death

B. to have mental settlement

Caring for the body promotes both physical health and mental well-being.

22. Two sessions of a football match have a total of

- A. 70 minutes
- B. 45 minutes
- C. 80 minutes
- D. 90 minutes

D. 90 minutes

A football match has two halves of 45 minutes each.

Answer question 23–25 by filling in the blanks.

23. The game which involves leveling, rolling sideways, and rolling forward and backward is called **gymnastics**.

Gymnastics involves body movements such as rolling, balancing, and stretching.

24. The game 'rede' is played by using **a ball**.

Rede is a traditional game played using a ball.

25. The state of being kind and respectful to people is known as **good manners**.

Good manners show respect, kindness, and proper behaviour toward others.